

Advances In Flow Research

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the concept of flow was first explained by Csikszentmihalyi 1975 described as an optimal experience he noted that artists were entirely caught up in their projects working feverishly to finish them and then lose all interest in their work after completion the incentive lies in the act of creativity itself the person feels optimally challenged while totally immersed in the activity at the heart of flow research is the motivational aspect of this experience flow motivates people to carry out certain activities repeatedly seeking a challenge in the act and looking to improve their skills and abilities in this book this motivational aspect will be imbedded in and related to other theories of intrinsic motivation and empirical work on flow and performance the book provides a review of the current flow research with a focus on rigorous analysis on methodology the author takes the time to present methodological aspects in flow research to qualify empirical work in addition this volume presents neuropsychological

considerations and empirical correlates of flow experiences the work also describes various theoretical integrations of the different paths being taken within the field of flow research it presents what has been learned since the beginning of flow research what is still open and how the mission to understand and foster flow experience research should continue

this volume provides updates and informs the reader about the development of the current empirical research on the flow experience it opens up some new research questions at the frontiers of the field the book offers an overview on the latest findings in flow research in several fields such as social psychology neuropsychology performing arts and sport education work and everyday experiences it integrates the latest knowledge on experimental studies of optimal experience with the theoretical foundation of psychological flow that was laid down in the last decades

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this second edition provides a review of the current flow research the first thoroughly revised and extended part of the book addresses basic concepts correlates conditions and consequences of flow experience this includes the developments of the flow model methods to measure flow its physiological correlates personality factors involved in the emergence of flow social flow the relationship of flow with performance and wellbeing but also possible negative consequences of flow the second completely new part of the book addresses flow in diverse contexts in particular work development sports music and arts and human computer interaction as such the book provides a broad overview on the current state of flow research from the basics to specific contexts of application it presents what has been learned since the beginning of flow research what is still open and how the mission to understand and foster flow should continue the book addresses researchers and students who are interested in flow as well as practitioners who seek

for sound research on flow in their field of expertise

issues for include annual air transport progress issue

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